



WELCOME TO OUR

# First Newsletter

- Quick look at our project aim & objectives
- Project update so far

The Erasmus+ Project

**"EmpowerCanvas" began in April 2024 and will run for 16 months.** We held our kick-off meeting in Germany, and now, six months into the project, it's time to share some quick highlights and updates in our first newsletter!

The project is **funded by the EU (Project No. 2023-3-PT02-KA210-YOU-000176401)**, coordinated by Portugal, with partners from Croatia and Germany.



In this newsletter you will find:





## Objectives of EMPOWER CANVAS Project

- Increase the engagement of at-risk youth in mindful art activities and mindfulness resources to enhance their emotional well-being and build resilience for personal & professional growth.
- Establish partnerships with at-risk youth centers and community organizations to facilitate participatory visit, workshops and reach a diverse group of at-risk youth.
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- Hold 3 workshops to train youth workers on how to use platform and board game.



## Coming Up

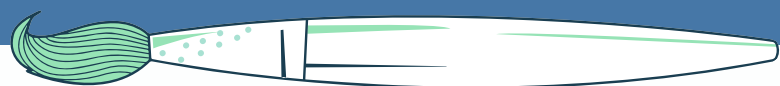
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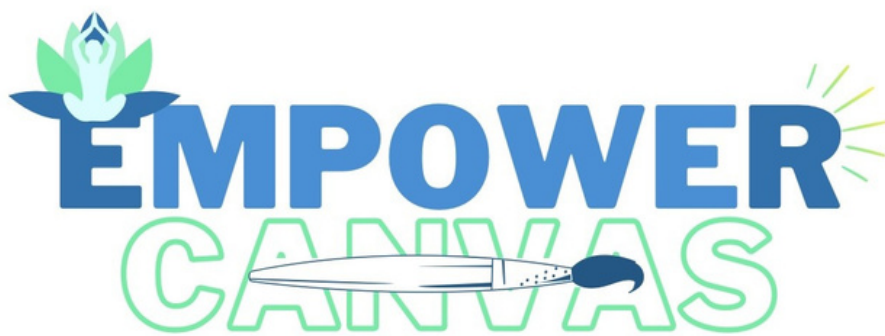
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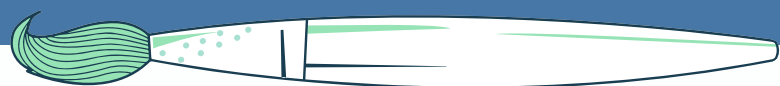
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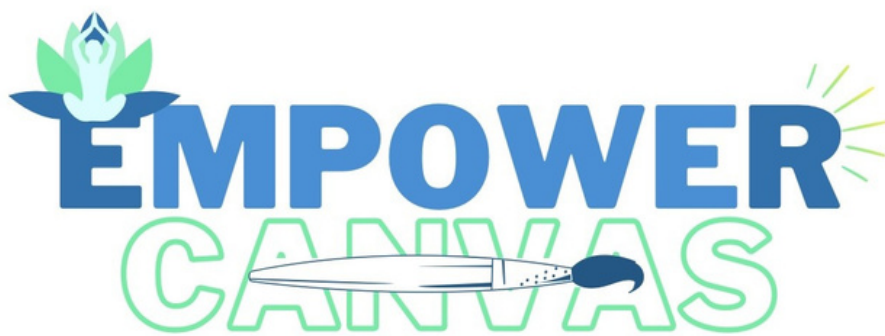
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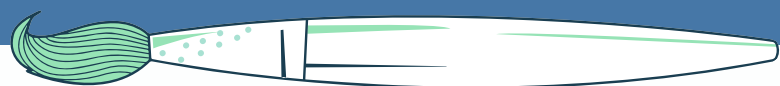
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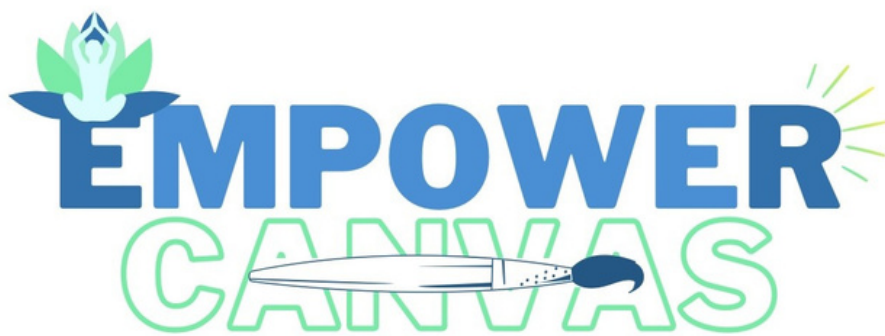
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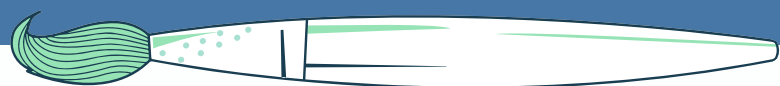
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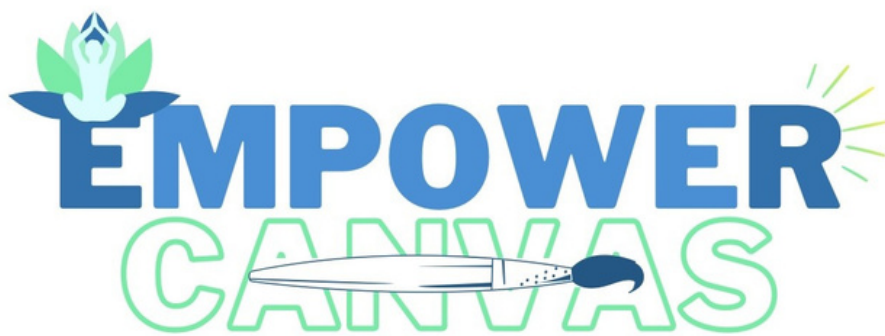
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